



Important Dates

Parent & Carer Information Sessions (online)

Thursday 17 February 2022

Shrove Tuesday

Tuesday 1 March 2022

PUPIL FREE DAY (Staff PD)

Friday 11 March 2022

Beginning of Lent -Ash Wednesday

Wednesday 2 March 2022

Public Holiday (Adelaide Cup)

Monday 14 March 2022

Schools Clean Up Day

Friday 4 March 2022

17.02.22

From the Principal

Dear Parents and Carers,

This very different start to the school year has certainly provided us with many opportunities for growth, to learn new skills and develop a good sense of patience and resilience. Thank you for all your support and understanding as we continue to work our way through the significant restrictions that have been put in place to keep us safe.

This week, parents and carers from our Year 1-6 classes have had the opportunity to be part of an online meeting to hear from the class teachers about the year of learning ahead. This is certainly the new norm (for now) as we look to connect, inform and engage our families. We hope you found this a useful and helpful experience and if you were unable to make any of these online meetings, simply contact your child's teacher and they will be able to send you the link or the slide presentation.

Uniform

As we start the new year, it is important that all our students feel they belong to our school community. One way we look to do this is by having a school uniform. Can I please remind families to make sure your child is wearing the correct uniform each day that is clean and tidy and without additional accessories. We have had a few students wearing a variety of items that are not part of the uniform and will be sending home reminders to families explaining the concern and we would very much appreciate if you could follow this up straight away. Please note we do sell hats in the front office if you require one and if you could label everything this greatly assists us in successfully returning uniform items to the students. I would also like to promote and remind families about our new school sports socks and track suit pants; these are available in the uniform shop and now may be a good chance to purchase these items in time for the cooler weather.

Items to school from home

I would also like to remind all our students about not bringing items to school from home. This includes toys, sporting equipment or any expensive items. We strongly encourage any personal items to stay at home, as they can be a distraction and a major disappointment to the owner if they are lost or broken during their day at school. Thank you for your support in these important matters.

Drop off and Pick Up

With the recent changes to the arrivals and departures of students from our school, we appreciate there is a greater need for some patience as we adjust to how this can operate in a safe and smooth way.

From my observations this week as all students returned, I have noticed a few issues that need to be addressed with our school community.

If you have other family members involved in pick up and drop off would you please inform them about the changes as we are finding that a number of issues are related to drivers being unaware of our rules.

The biggest issues are cars queueing along Birkinshaw Ave and then around the corner into Magill Road which blocks all traffic and causes some motorists to drive onto the wrong side of the road. Please do not queue up in this area. This tends to occur at a couple of peak times, especially in the afternoon. If you are arriving early to collect children, please be aware if you are waiting on a solid yellow line you will be fined by the inspectors from the council. Your best options are to park safely in a correct parking space and walk to collect or to drive around the block and wait for the pick-up area to reduce. There are always teachers on duty until 3:20pm, providing 20 minutes of pick up time for safe collection.

In the morning period, I have been observing parents and carers dropping off students outside the pick-up/drop off zone in unsafe locations. These include before the Emu crossing in Birkinshaw Ave, near the builders entrance and on the opposite side of the street to the school also in Birkinshaw Ave. Please be aware both these areas are no standing/parking zones and parking here may also incur council fines.

Thank you for all your understanding during these changes and please be aware there may be more over the coming weeks as we look forward to the completion of our new yards and entrances.

Kind regards

Adrian Grbin

From the APRIM

Spiritual Wellness

If you are looking for some spiritual tools for your family you may find this **article** of interest. the article looks at simple ways you can nurture your spirituality through gratitude and this is especially useful in uncertain times. This article and others can be located on the Catholic Education Website as part of its **online learning resources** for students, teachers and families. If you are interested in ways of praying as a family please feel free to contact me.

St Joseph's Parish Sacramental Program 2022

Please contact me at amccard@stjotran.catholic.edu.au if you have discerned that your child is ready to celebrate the Sacraments and you have not received an email from me this week containing the parish enrolment information. As part of the Adelaide Archdiocese, the Sacramental program is Family centred, Parish based, and School supported. This year the program will be a primarily online mode with resources to support families.

Shrove Tuesday, Ash Wednesday and Lent

It is hard to believe but we are moving towards the Lenten Season and Easter.

On Tuesday 1st March we commemorate **Shrove Tuesday** where we typically enjoy eating pancakes. Did you know that this tradition has been handed down and reminds us that people often fasted and not eat meat, eggs and animal produce for the next 40 days of Lent? Some Christians still follow this tradition. Did you also know that the first known recipe for pancakes was recorded in 1439? It is believed that pancakes could date back as far as Roman times.

The beginning of Lent is marked by **Ash Wednesday** on 2nd March. Typically we would gather with an Ash Wednesday Mass however with the current situation we will probably have liturgies (prayer services) in class groups. On this day we also send home the Project Compassion boxes. As a catholic school we participate in the Project Compassion efforts each year. This has particular meaning for our context as we remember a famous Mary MacKillop saying "never see a need without doing anything about it. If you would like to know more information about Project Compassion and how donations can change lives please click on this **link**.



Reception - RCW and RMM

This year we welcome our new group of Receptions to our school. We would like to welcome Zein, Clara, Lucy, Jack, Esther, Sophia, Ava, George, Hamish, Nuit, Cleo, Ollie, Ruby, Charlie, Georgina, Xavier, Tennyson, Liam, Lydia, Mila, Flynn, Nellie, Stevie, Trey, Sofia and Cayden. It has been lovely getting to know all of our new children and their families as we welcome them each morning and afternoon in the bottom yard.

The Reception children have enjoyed meeting their new class members through playful learning and classroom activities. To support the children in their transition to school we have been reading lots of stories and talking about how we are always connected to our loved ones even when we are far away. We have also been focusing on developing our new sense of place within our school community.

In weeks 1 & 2 the Reception classes enjoyed listening to our 'Mystery Readers'. Our Mystery Readers program is a wonderful way to meet the different faces that make up our St Joseph's School staff community and help to familiarise the students with all of the members who they may see in the yard.

It has been wonderful to watch the children engage in their learning tasks with enthusiasm and excitement as we begin our learning journey.

Mae McGee and Charlotte Winders

Counselling Support at St Joseph's School Tranmere



We are pleased to welcome Tania Gal to our staff team this year.

Tania is a Registered and Qualified Professional Counsellor for Time For Yourself Counselling Practice within the Hampstead Health Family Practice, which is an accredited "Child Safe Environment".

Counselling Experience

Tania's counselling experience of four years consists of working with adults, teenagers and children who are faced with grief and loss, trauma, anxiety or depression, and relationship issues. She provides a very safe, engaging, creative and interactive counselling environment, where people feel heard and valued at all times, whilst focusing and working on how to manage, change or resolve any issues or concerns they may be facing that are affecting their mental health or wellbeing.

Children Counselling

As well as counselling experience, Tania has thirteen years experience working in the educational sector with children in schools and students with disabilities. Tania works with children who may be experiencing trauma, grief and loss, anxiety, depression, anger, stress, fear, have lack of confidence or low self esteem.

Tania provides a positive counselling environment, that makes children feel comfortable and safe, whilst encouraging them to talk at their

own pace, and express what is really upsetting or worrying them. Children enjoy the interactive therapies and strategies that are used, which include cognitive behaviour therapy and play therapy techniques (they are age appropriate and supportive). Counselling can help children learn how to look at, manage or change their way of thinking, behaviour or situation.

Tania's professionalism, passion and enthusiasm to support and accept anyone through counselling, is evident and complemented by her warm, empathetic and engaging personality, together with her own life skills and experience.



Congratulations

Congratulations to our families who have recently welcomed new additions to their families.

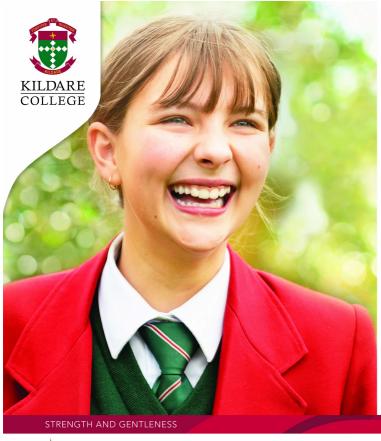
Congratulations to James & Alison on the birth of baby Theodore. A baby brother for George (RMM).

Congratulations also to Grant & Melita on the birth of baby Amalija. A baby sister for Noah (3/4RM).

Congratulations too to Linzi & Jesse on the birth of baby Raine. A baby sister for Marcus (1/2LB).

Best Wishes to you all.





Kildare College Tours

Term 1 2022

Saturday 19 February 11.00am Saturday 5 March 11.00am Saturday 19 March 11.00am Saturday 2 April 11.00am

Visit kildare.catholic.edu.au to book a College Tour



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